

The **Nixon Elite Body Fat Detox** program is not about DEPRIVATION. You will get to eat plenty delicious food while on the detoxification program. You will not be hungry and you will be satisfied and fulfilled unlike what many other detox programs that deprive you of food for days. This is a lifestyle program that is going to jump start your body fat detoxification and enhance your weight loss.

Here are some of the many benefits you are going to experience during and after the **Nixon Elite Body Fat Detox** program:

- ✓ Weight Loss
- ✓ Burn Body Fat
- ✓ Increased Energy Levels
- ✓ More Restful Sleep
- ✓ Improved Digestion
- ✓ Clear Skin and Improved Complexion
- ✓ Happier and Healthier Mood
- ✓ Increased Sex Drive

Each year you are exposed to more than 4 BILLION pounds of chemicals and pollutants. Guess where your body stores all of these toxins....in your BODY FAT! This is why it is crucial that you detoxify your system with a Body Fat Detox!

Toxic chemicals and pollutants from plastics, pesticides, heavy metals, medications and other sources are increasing in our environment every day. They're everywhere – in our water, food, soil, air and products we use and rely on every day. These toxins and foreign substances are stored in your body fat and are a leading cause in major health problems.

Over time, a buildup of toxins not only affects your vitality, it can lead to issues like:

- weight gain
- chronic fatigue
- lack of energy
- joint pain
- digestion problem (indigestion)
- headaches
- other serious medical issues

You must help your body eliminate all these unwanted toxins! Your body's ability to detoxify potentially harmful substances is critical for overall health and longevity. Unfortunately, your body's normal detoxification process may be compromised by increased toxin exposure or a lack of nutrients necessary to complete the filtering process.

A well designed Body Fat Detoxification program can significantly enhance the detoxification process for better health, body fat and weight loss, and an overall better vitality.

Not all detox programs are created the same and most aren't considered to be healthy. We have all seen the crazy water and juice fasting programs that pop in and out of the magazines from time to time. These programs can cause muscle wasting, system fatigue and in some cases even more harm than good. Your body requires proper nutrients to fuel the toxin detoxification process.

The **Nixon Elite Body Fat Detox** Program is scientifically designed and includes:

- Body Fat Detox Food Guide
Complete guide to a successful Body Fat Detox
- Body Fat Detox Portion Guide
Step by step guide portion guide
- Body Fat Detox Menu Guide
Easy to follow sample menu guide
- Body Fat Detox Supplement Guide
Breakdown of each supplement with dosage and timing
- Body Fat Detox Supplement System
Detox Nutrients Packets (Promotes the metabolism of toxins)
Medibulk® (Important soluble fiber for a healthy GI tract)
VegaLite™ Protein Powder (vegan-friendly proprietary pea/rice protein blend)
- Body Fat Detox Journal
Support and accountability journal for ensured success and tracking

This program enhances your body's natural detoxification process and promises to deliver the results you are looking for.

My commitment to you is to provide you with the best information and products to help you achieve your weight loss and health goals.

As a nutrition and fitness expert is my responsibility to provide my clients with the highest quality natural supplements available. For this reason I have chosen to use the Thorne Research line with my **Nixon Elite Body Fat Detox** system.

Thorne Research is the **ONLY** dietary supplement manufacture that has earned the trust of leading research organizations. Prestigious institutions such as Columbia University, University of California, the U.S. Navy and Tufts University all recognize Thorne Research as the **BEST** in their class.

Health and Happiness,

Jay Nixon CNS, CFNC, CPT